

Background & Incidence

There is a lack of clear evidence on the incidence of infection or biofilm formation in any medical application resulting from one medical device over another or one material over another.

- Post-operative infection rates in spine are typically reported in the range of 2-4%,¹⁻⁵ but can be as high as 15%.⁶⁻⁸
- A study by Bible et al. found that the following were not significantly associated with implant contamination:⁸
 - Implant type (rods, plates, PEEK)
 - Number of pieces of hardware implanted
 - Number of scrubbed personnel
 - Length of time implant trays left open
- The only significant factor identified was coverage of implants with surgical towels, reducing contamination rate from 16.7% to 2.0%.⁸
- In vitro studies have shown bacterial adhesion and biofilm formation on biomaterials to be dependent upon topography, surface chemistry, microorganism and even the strain.
 In these studies, moulded PEEK performs similarly to titanium.⁹



Graphic of adherent Staphylococcus aureus bacteria

PEEK & Infection in Spine Surgery

While there is a lack of definitive data implicating specific biomaterials in infection of the spine, there is evidence supporting the use of PEEK cages in pre-existing infection cases, with correspondingly good fusion rates.

- Pee et al. implanted titanium cages in 22 patients, titanium mesh cages in 5 patients, and PEEK cages in 10 patients with pyogenic spondylodiscitis.¹⁰
 - Resolution of infection was exhibited in all cases.
 - "We are unaware of any study of PEEK cages becoming infected with bacteria as has been reported with titanium cages."
- Shiban et al. implanted PEEK cages in 52 patients with pyogenic spinal infection.¹¹
 - Complete resolution of infection in all cases.
 - "Use of PEEK cages for interbody fusion is feasible and safe in patients suffering from a pyogenic spinal infection."
- Schomacher et al. implanted PEEK cages in 21 patients and Titanium cages in 16 patients with pyogenic spondylodiscitis.¹²
 - "Application of TTN- or PEEK-cages does not appear to influence the radiological outcome or risk of reinfection."
- Walter et al. implanted PEEK cages in 5 patients with cervical spondylodiscitis.¹³
 - "Bony fusion occurs 8 months after the surgical intervention with a complete regression of the inflammatory changes on MRI and normalization of the inflammatory lab signs."
- Tschöke et al. implanted PEEK cages in 18 patients with lumbar pyogenic spondylodiscitis.¹⁴
 - No recurrence of infection.
 - "Based on our experience, the concern of a recurrent infection when implanting non-metallic cages may be refuted in carefully selected patients."
- Mondorf et al. implanted PEEK cages in 52 patients with cervical spondylodiscitis.¹⁵
 - Resolution of infection and stable osteosynthesis in all cases.
 - "Use of PEEK cages for interbody fusion is feasible and safe in patients suffering from a pyogenic spinal infection."

PEEK & Infection in Non-Spine Surgery

In applications where infection rates may be expected to be higher, than in post-spine surgery, PEEK shows no greater propensity for infection or biofilm formation.

DENTAL

- Peri-implant infections may affect 20% of the patients after 5-10 years of service.¹⁶
- Hahnel et al. looked at biofilm formation on Titanium, Zirconium and PEEK used for implant abutments.
 - "Biofilm formation on the surface of PEEK is equal or lower than on the surface of conventionally applied abutment materials such as zirconia and titanium."¹⁷
- Volpe et al. sampled bacteria from patients receiving one each; PEEK and titanium healing abutments 2 weeks post-surgery and found bacterial colonization of PEEK and titanium surfaces to be equivalent.¹⁸

CRANIOPLASTY

- A systematic literature review by Punchak et al. reported an overall infection rate of 6% for PEEK cranioplasty.¹⁹
- Reported infection rates in the literature range between 0-25.9% for autologous graft and 0-11% for titanium mesh.¹⁹



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